

2010 IGCA All-State Teams

1A

First Team

Hallie Christofferson	Exira
Lindsay Hoehns	Twin Cedars
Carly Jacobs	North Butler
Susan Kies	Newell Fonda
Shantel Lehman	Valley
Rebekah Rolling	North Sentral Kossuth
Kate Hartman	Northwood Kensett
Caitlin Bisinger	Midland

2nd Team

Taylor Geer	Treynor
MacKenzie Morrison	Martensdale St. Mary's
Brenna Lantz	Rockwell City-Lytton
Anna Sweeting	Highland
Aimee Osborn	Sidney
Joscelyn Coleman	Essex
Becca Pennington	Mt. Ayr
Jordan Henningsen	Alta

3rd Team

Melissa Greve	Ar-We-Va
Kadie Subbert	Stanton
Kalli Richardson	Northeast Hamilton
Katie Isenhour	Prince of Peace
Tara Van Rees	Lynnville-Sully
Carissa Nelson	Harmony
Ann Walker	Exira
Acacia LaRue	North Mahaska

Coach of the Year - Tom Petersen - Exira

2A

1st Team

Mika Rodewald	Manson NW Webster
Taylor Dicus	Mount Vernon
Maddie Oliver	Roland-Story
Jessie Pauley	OA/BCIG
Kelsey Eischeid	Kuemper Catholic
Elly Arganbright	Panorama
Ashtyn Dixon	Comanche
Morgan Markert	Manson NW Webster

2nd Team

Amanda Frost	Denver
Megan Howard	North Polk
Ali Browning	Iowa City Regina
Eryca Hingtgen	Wapsie Valley
Chelsey Lamker	MFL MarMac
Holly Hosch	Cascade
Katie Gustafson	South Hamilton
Liz Skotowski	Mount Vernon

3rd Team

Megan Pieters	AGWSR
Mykel Brannan	Audubon
Mackenzie Small	Hinton
Cassie Gehling	Kuemper Catholic
Karen Hutson	Logan-Magnolia
Maggie Marnin	West Central Valley
Ashley Hagedorn	IKM-Manning
Amber Meyer	Cascade

Coach of the Year – Bob Kintzel – Mt Vernon

3A

1st Team

Carli Tritz	Heelan
Taylor Greenfield	Ballard
Morgan Paige	Marion
Mary Halvorson	Waukon
Alyson Spinus-Valainis	Davenport Assumption
Kirsten Lipps	Algona
Sam Abens	Knoxville
Ashton Yossi	Dallas Center Grimes

2nd Team

Lindsay Smith	Central Clinton, Dewitt
Slone Masters	Storm Lake
Millie Niggeling	Heelan
Cassey Sobaski	Washington
Natalie Hackbarth	Algona
Kaylee Mehrhoff	Centerville
Jordan Gronewold	Carlisle
Laura TerHark	Algona

3rd Team

Taylor Shull	Mt. Pleasant
Claire Till	Dubuque Wahlert
Kayla Sandborn	Anamosa
Jessica Nichols	Perry
Jacie White	Harlan
Ally Mahrt	Spencer
Brittany Fish	Marion
Mollie Sir	Crestwood

Coach of the Year – Darren Koolstra – Sioux City Bishop Heelan

4A

1st Team

Kiah Stokes	Linn-Mar
Shronda Butts	Des Moines East
Jade Rogers	Cedar Rapids Kennedy
Kionna Kellogg	Ames
Amber Harrington	Davenport North
Virginia Johnson	Iowa City High
Markisha Wright	Des Moines East
Rheanna Egli	Ankeny

2nd Team

Brittni Donaldson	Sioux City North
Kiersten Orton	Waukee
Megan Hogg	Waukee
Riley Norman	Des Moines Roosevelt
D.J. Norman	Linn-Mar
Laura Johnson	Cedar Falls
Stacy Clark	Pleasant Valley
Jayden Spencer	Waterloo West

3rd Team

Emily Parker	Johnston
Maddie Manning	Ankeny
Kayla Klopfenstein	Linn-Mar
Kyle Simmons	Lewis Central, Council Bluffs
Ellen Hansen	Ames
Alex Jacobson	Cedar Rapids Jefferson
Mackenzie Reed	Iowa City West
Jadda Buckley	Mason City

4A Coach of the Year – Mike Brandt – Linn-Mar